

# AUTHENTIC PRAYER: THANKING

Psalm 107 — September 6, 2009

## **Introduction**

I Thessalonians 5:18 — In everything give thanks, for this is God's will for you.

## **Why should we give thanks to God? (v.1)**

Because He is good.

Because His goodness is steadfast love — completely undeserved.

## **What undeserved goodness does the psalmist have in mind? (vv.2-3)**

God's deliverance of Israel from the exile, bringing them back to the Promised Land.

## **How does the author stir them to give thanks to God? (vv.4-42,43)**

By going into great detail about how God redeemed them from the exile.

But v.43 tells us this psalm is for all of us who read it.

"It is himself that the reader is to recognize in this picture of plight and salvation, and it is the steadfastness of God that he is now to praise with new insight." (Derek Kidner, Psalm 73-150, p.387)

## **How has Israel, and each of us, experienced God's undeserving goodness? (vv.4-42)**

We were lost, hungry, thirsty, but when we called upon God, He met our every need (vv.4-9)

We were prisoners of sin, but when we called upon God, He delivered us (vv.10-16)

When we compounded our problems with more sin, and called upon God, He saved us (vv.17-22)

We face problems beyond our abilities, but when we call upon God, He rescues us (vv.23-32)

The God who punishes sin delivers us from sin's punishment, and from every trial (vv.33-42)

## **How can we always give thanks to God? (v.43)**

By prayerfully considering God's astonishing goodness to us in Christ.

