

AUTHENTIC PRAYER: ASKING

Psalm 86
July 26, 2009

What can we learn from how David asked God for help?

Ask God to hear you (1)

Ask God for help (2)

Ask God for His grace (3)

Ask God to gladden your heart (4-5)

Plead with God (6)

Declare to God the truth of who He is (7-10)

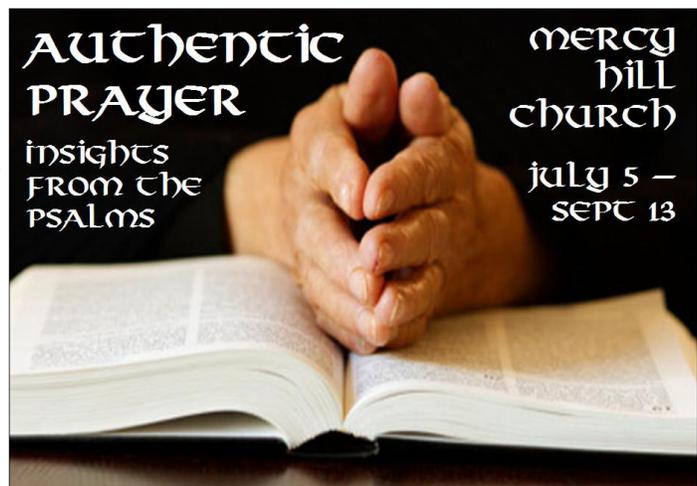
Ask God to teach you His ways and change your heart (11)

Thank God for His steadfast love to you (12-13)

Compare the problem, with God (14-15)

Again ask God to hear, be gracious,
strengthen, and save (16)

Ask God to display His favor so people may be
saved (17)



HOME GROUP DISCUSSION OF SUNDAY'S TEACHING

Read Psalm 86.

What was the Holy Spirit saying to you Sunday through this passage?

What questions, ideas, objections, encouragements did you come away with?

Which of these eleven suggestions is easiest for you to understand, pray, follow? Why?

Which of them is hardest? Why?

What keeps you from asking God for help? How does this passage help you overcome that?

What about taking time at the beginning of each day to bring to God your needs, problems, concerns? How would that help? What keeps you from that?

What's your take-away from this passage? What are you going to do differently? When?

Share prayer requests that come up in the discussion, jot them down below, and pray for each other.

